

**Charity number: 1035213**

**OCD ACTION**

**TRUSTEES REPORT AND FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31 MARCH 2009**

**BAGINSKY COHEN  
CHARTERED ACCOUNTANTS**

## OCD ACTION

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The following pages do not form part of the statutory financial statements:

## **OCD ACTION**

### **REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISERS FOR THE YEAR ENDED 31 MARCH 2009**

#### **Trustees**

PIERS WATSON, Chairman (resigned 20 May 2008)  
PETER JENNINGS, Chairman (appointed 20 May 2008)  
ISOBEL HEYMAN, Vice Chairman  
ROBERT EDDISON, Trustee  
DR NAOMI FINEBERG, Trustee  
MARTYN HALL, Trustee  
DANIEL NABARRO, Trustee  
INDIA HAYLOR, Trustee  
COLIN PUTNEY, Trustee  
CLIFF SNELLING, Trustee  
DR DAVID VEALE, Trustee

#### **Charity registered number**

1035213

#### **Principal office**

DAVINA HOUSE  
ROOMS 506 - 507  
137 -149 GOSWELL ROAD  
LONDON  
EC1V 7ET

#### **Auditors**

BAGINSKY COHEN  
CHARTERED ACCOUNTANTS  
930 HIGH ROAD  
LONDON  
N12 9RT

#### **Bankers**

HSBC  
2 CRAVEN ROAD  
PADDINGTON  
LONDON  
W2 3PY

## **OCD ACTION**

### **TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2009**

The Trustees present their annual report together with the audited financial statements of OCD Action (the charity) for the year ended 31 March 2009. The Trustees confirm that the annual report and financial statements of the charity comply with the current statutory requirements, the requirements of the charity's governing document and the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" issued in March 2005.

#### **1. STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **a. CONSTITUTION**

The Charity is established by written constitution and its objectives are to relieve and rehabilitate those affected by obsessive compulsive disorder and to educate and raise awareness of the disorder amongst the general public, so that the condition is better understood.

##### **b. METHOD OF APPOINTMENT OR ELECTION OF TRUSTEES**

Until otherwise determined by the Association in General Meeting the Executive Committee shall consist of no less than six and no more than twelve members. All members of the Association and any other person who is willing to become a member shall be eligible for election to the Executive Committee.

At each Annual General Meeting one-third of the members of the Executive Committee, or the number nearest to one-third, shall retire, but shall retain office until the end of the meeting. Retiring members shall be eligible for re-election save that a member of the Executive Committee retiring after a period of continuous service amounting to six years shall not be eligible for re-election until the Annual General Meeting after the one at which he/she retires.

The Association may at an Annual General Meeting fill vacancies in the Executive Committee by electing persons there to.

Nominations for members of the Executive Committee signed by a member of the Association and by the person nominated to indicate willingness to serve must be received by the Secretary at least 42 days before the Annual General Meeting provided that if no nomination is so received for any vacancy a nomination made at the Annual General Meeting for that vacancy shall be valid.

The Executive Committee may from time to time appoint a member, or person willing to become a member, of the Association as a member of the Executive Committee to fill a casual vacancy or by way of addition to the Executive Committee provided that the prescribed maximum be not thereby exceeded. Any member so appointed shall retain his/her office until the end of the next Annual General Meeting and shall be eligible for election.

The Executive Committee may from time to time co-opt up to 4 members, or persons willing to become members, of the Association as additional members of the Executive Committee and notwithstanding that the prescribed maximum is exceeded PROVIDED that the number of co-opted members shall not exceed one-third of the total number of members of the Committee in accordance with Clause 7.2. Co-opted members shall be entitled to vote at meetings of the Executive Committee. They shall hold office only until the end of the next Annual General Meeting when they shall cease to be members of the Executive Committee and subject to the provisions of this clause be co-opted for a further period of service.

## **OCD ACTION**

### **TRUSTEES' REPORT (continued) FOR THE YEAR ENDED 31 MARCH 2009**

#### **c. POLICIES ADOPTED FOR THE INDUCTION AND TRAINING OF TRUSTEES**

The charity is currently in the process of up-dating its trustee induction and training resources to ensure that new trustees are equipped to support the work of OCD Action to their maximum ability.

#### **d. ORGANISATIONAL STRUCTURE AND DECISION MAKING**

The affairs and property of the Association are controlled and managed by the Executive Committee which may exercise all such powers of the association as are not required by this Constitution to be exercised by the Association in General Meeting. In particular the Executive Committee shall:-

- (a) Control the admissions to and termination of membership of the Association in accordance with the provisions of Clause 3;
- (b) Make and vary regulations for the conduct of the affairs of the Association including the conduct and recording of meetings;
- (c) Submit to the Annual General Meeting a report together with the audited accounts of the Association for the immediately preceding financial year;
- (d) Make and vary regulations for the establishment of local branches as may be necessary and appropriate.

The Executive Committee delegate the day to day running of the association to an appointed director.

#### **e. RELATED PARTY RELATIONSHIPS**

OCD Action has agreed a 3 year partnership with CCBT Limited, a provider of computer based cognitive behavioural therapy. As part of this partnership, CCBT Limited is credited as the sponsor of OCD Action's annual conference. The two organisations share insight and information with the aim of improving and developing services for people affected by OCD.

#### **f. RISK MANAGEMENT**

As part of OCD Action's drive towards best practice in charity governance, trustees have agreed to a programme of risk analysis and monitoring throughout the following financial and subsequent years.

## **2. OBJECTIVES AND ACTIVITIES**

#### **a. POLICIES AND OBJECTIVES**

OCD Action's objectives are to relieve and rehabilitate those affected by obsessive compulsive disorder and to educate and raise awareness of the disorder amongst the general public, so that the condition is better understood.

OCD Action's vision is of a society where Obsessive Compulsive Disorder (OCD) is better understood and diagnosed quickly; where appropriate treatment options are open and accessible; where support and information are readily available and where nobody feels ashamed to ask for help.

OCD is a clinically recognised condition in which people experience intensely negative, repetitive and intrusive thoughts combined with a chronic feeling of doubt or danger. In order to quell the thought or quiet the anxiety, they will repeat an action, again and again.

OCD is the fourth most common mental health disorder, with an estimated 1.8 million people affected in the UK. It is listed by the World Health Organization as one of the top 10 disabling conditions (including physical ailments) in the world.

## **OCD ACTION**

### **TRUSTEES' REPORT (continued) FOR THE YEAR ENDED 31 MARCH 2009**

Despite the number of people affected and the debilitating nature of the disorder, reports have shown that there is often a substantial delay between the onset of OCD and treatment being received. This delay causes pointless misery and isolation, brought about by a disorder that can, in many cases, be successfully managed.

There are many reasons why people with OCD delay seeking medical help. These include a fear that they will be committed to secure mental health institutions, a fear of the stigma associated with mental health disorders or a simple belief that no one can help them. Once a person with OCD tries to seek medical help, receiving an appropriate diagnosis, and accessing therapy, can take up to 18 months.

#### **b. STRATEGIES FOR ACHIEVING OBJECTIVES**

OCD Action's services are designed to support people before, during and after the treatment process. The charity's awareness work aims to reduce the unnecessary delay by raising the profile and understanding of OCD amongst healthcare professionals and giving a strong and clear message to the public that OCD is nothing to be ashamed of, that it is not uncommon and it is treatable.

#### **c. ACTIVITIES FOR ACHIEVING OBJECTIVES**

The charity provides a national support and information Helpline, an advocacy service and runs an interactive website and online-forum. It also works to raise awareness of the disorder amongst the public and frontline healthcare workers and engages with Government to secure a better deal for people with OCD.

#### **d. VOLUNTEERS**

Over the year the number of active volunteers has increased. At present there are 16 regular Helpline volunteers, four regular administration volunteers, one media volunteer and one IT volunteer as well as a volunteer focusing on fundraising and volunteer welfare.

In addition to these regular volunteers, the charity has also been working to develop the role of "Awareness Champion" and recruit volunteers throughout the country to help distribute awareness materials and undertake presentations at local clubs, schools and other organisations.

### **3. ACHIEVEMENTS AND PERFORMANCE**

#### **a. REVIEW OF ACTIVITIES**

The primary focus for the financial year 2008-09 has been on modernising the charity's infrastructure, increasing and stabilising income and improving core services. There has been a good deal of success in these areas

##### **i) Service Delivery**

Following an independent review of services at the beginning of the financial year, changes were put in place to help ensure that the Helpline was consistent, well managed, better evaluated and providing quality support and information.

These changes included the adoption of a call monitoring system that records information relating to the nature of calls, demographical information on callers and call outcomes.

In addition to this Helpline training was improved to increase the amount of time spent on core "clinical" knowledge and key Helpline skills. This training has been backed up with an on-line Helpline manual that all Helpline volunteers now use widely.

Policies covering confidentiality, disclosure and service remit have been clarified and all volunteers are fully aware of and in agreement with new procedures and ways of working.

## OCD ACTION

### TRUSTEES' REPORT (continued) FOR THE YEAR ENDED 31 MARCH 2009

The new OCD Action website was launched in February 2009. The site was redesigned with the aims of ensuring easier access to support material, increasing the prominence of fundraising activity, allowing for more dynamic content and ease of up-dating.

Analysis of the new site shows that more people are visiting the site and deciding that it is relevant to them. Previously, a large number of visitors came to the site's homepage and moved away quickly. Site visitors are now also spending longer on the site and visiting more pages.

'Conference 2008' attracted 470 attendees. Returned evaluation forms showed that the vast majority of participants rated the event as either good or very good. Evaluation forms also showed that attendees found the inspirational speakers and workshop sessions the most valuable aspect of the event. The net cost of this event, a key part of the charities activity, was £5,000.

During this financial year, work has been undertaken to develop stronger relationships with the network of support groups throughout the country. A one day conference for support group facilitators is now scheduled for 2009.

In December 2008, the charity was informed that its application for funding of an advocacy programme was successful. An advocacy manager was recruited in February 2009 and is due to start at the beginning of May 2009. This activity will enable OCD Action to provide direct practical support to individuals and build vital contacts within the healthcare community and local NHS bodies.

Media activity over this period has been limited to reactive support to media enquiries. In all cases, appropriate requests from the media were managed quickly and effectively making the best use of the charity's database of "media talkers" and professional contacts.

#### ii) Office and administration

In addition to the changes to OCD Action's accounting systems, the charity was also able to up-date other key "back office" functions and make improvements to the working environment. Chief amongst these changes was the integration of an up-dated member database system. Whilst there is still scope to make better use of this system, staff are now more confident with its functions and are better able to ensure that all contact with members, funders and other stakeholders is properly recorded.

## b. FUNDRAISING ACTIVITIES/INCOME GENERATION

During the financial year, income raised from charitable trusts constituted the majority of the charity's overall income. Over the year, 86 trust applications were sent out to charitable trusts. Of these, 66 were requests for core funding while the remainder were requests for specific project activity. A total of 11 charitable trusts responded positively to these appeals, raising £52,750.

In addition to these 86 applications, 12 charitable trusts gave support to the charity either unsolicited or as on-going support agreed in previous years. The total income from these trusts was £107,944.

At the beginning of the financial year, a relationship was made with CCBT Ltd, a company that produces a computer based cognitive behavioural therapy tool, approved by the National Institute for Health and Clinical Excellence (NICE). As part of a long term partnership with CCBT Ltd, the company agreed to sponsor the 'OCD Conference 2008' and provide the charity with unrestricted financial support.

Income from individuals primarily comes as an addition to membership fees rather than as one off donations. One particular problem this financial year has been securing large donations from individuals. Although the charity is able to put forward a strong case for support, there is very limited access to potential big givers. Membership over the period remained stable and currently stands at 865.

## OCD ACTION

### TRUSTEES' REPORT (continued) FOR THE YEAR ENDED 31 MARCH 2009 4. FINANCIAL REVIEW

#### a. RESERVES POLICY

Over the next two financial years, the charity aims to build up unrestricted reserves to the equivalent of 4 month's expenditure.

#### 5. PLANS FOR THE FUTURE

##### a. FUTURE DEVELOPMENTS

OCD Action has now produced a Strategic Plan, which sets out the charity's operational priorities for the next three years, the specific activities to be undertaken, the objectives to be achieved and the measures of success.

The first year of the Strategic Plan is 2009-10 and the key activities will be:

- Developing the capacity of the Helpline Service and extending the hours it is available.
- Maximising the interactive use of the website and the Bulletin Board.
- Introducing the new Advocacy Service, for which funding was recently achieved.
- Developing a new befriending service offering callers the opportunity to talk informally to a volunteer in a similar situation.
- Working with 50 existing local OCD Support Groups to offer training and resources.
- Developing a national Information Pack for GPs, to be distributed on request and downloadable via the OCD Action website.
- Undertaking a review of the local services available to people with OCD and determining how closely this matches their needs.

The expenditure budget for 2009-10 is £198,000 (£182,000 budgeted in 2008-09) categorised as follows:

- 53% Direct support
- 7% Awareness
- 2% Improving Services
- 20% Fundraising
- 18% Running costs

A restricted grant has been secured from a charitable trust to cover £25,000 of the running costs estimated at £35,000, which means that only 5% of these costs need to be covered by general funds.

The budgeted income in 2009-10 is £216,000 and it is anticipated that it will come from the following sources:

- 5% Membership
- 7% Conference and Events
- 14% Companies
- 14% Individuals
- 56% Charitable Trusts
- 4% Other

## OCD ACTION

### **TRUSTEES' REPORT (continued) FOR THE YEAR ENDED 31 MARCH 2009 STATEMENT OF TRUSTEES' RESPONSIBILITIES**

The Trustees are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 1993. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the charity and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

This report was approved by the Trustees on 16/9/09 and signed on their behalf,



## **OCD ACTION**

### **INDEPENDENT AUDITORS' REPORT TO THE TRUSTEES OF OCD ACTION**

We have audited the financial statements of OCD Action for the year ended 31 March 2009 which comprise the Statement of financial activities, the Balance sheet, and the related notes. These financial statements have been prepared under the accounting policies set out therein.

This report is made solely to the charity's members, as a body, in accordance with Section 43 of the Charities Act 1993 and regulations made under section 44 of that Act. Our audit work has been undertaken so that we might state to the charity's members those matters we are required to state to them in an Auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and its members, as a body, for our audit work, for this report, or for the opinion we have formed.

### **RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND AUDITORS**

The Trustees' responsibilities for preparing the Trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) are set out in the Statement of Trustees' responsibilities.

We have been appointed as auditors under section 43 of the Charities Act 1993 and report in accordance with regulations made under section 44 of that Act. Our responsibility is to audit the financial statements in accordance with relevant legal and regulatory requirements and International Standards on Auditing (UK and Ireland).

We report to you our opinion as to whether the financial statements give a true and fair view and are properly prepared in accordance with the Charities Act 1993 and if the information given in the Trustees' annual report is not consistent with the financial statements. We also report to you if, in our opinion, the charity has not kept proper accounting records, if the charity's financial statements are not in agreement with these accounting records or if we have not received all the information and explanations we require for our audit.

We read the Trustees' annual report and consider the implications for our report if we become aware of any apparent misstatements within it.

### **BASIS OF AUDIT OPINION**

We conducted our audit in accordance with International Standards on Auditing (UK and Ireland) issued by the Auditing Practices Board. An audit includes examination, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements. It also includes an assessment of the significant estimates and judgments made by the Trustees in the preparation of the financial statements and of whether the accounting policies are appropriate to the charity's circumstances, consistently applied and adequately disclosed.

We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or other irregularity or error. In forming our opinion we also evaluated the overall adequacy of the presentation of information in the financial statements.

**OCD ACTION**

**INDEPENDENT AUDITORS' REPORT TO THE TRUSTEES OF OCD ACTION**

**UNQUALIFIED OPINION**

In our opinion the financial statements:

- give a true and fair view, in accordance with United Kingdom Generally Accepted Accounting Practice, of the state of affairs of the charity as at 31 March 2009 and of its incoming resources and application of resources, for the year then ended; and
- have been properly prepared in accordance with the Charities Act 1993.



**BAGINSKY COHEN**  
CHARTERED ACCOUNTANTS  
REGISTERED AUDITORS  
930 HIGH ROAD  
LONDON  
N12 9RT

Date: 16 September 2009.

## OCD ACTION

### STATEMENT OF FINANCIAL ACTIVITIES (Incorporating Income and Expenditure Account) FOR THE YEAR ENDED 31 MARCH 2009

	Note	Restricted Funds 2009 £	Unrestricted Funds 2009 £	Total Funds 2009 £	Total Funds 2008 £
<b>INCOMING RESOURCES</b>					
Incoming resources from generated funds:					
Voluntary income	2	-	19,387	19,387	15,479
Activities for generating funds	3,4	-	2,113	2,113	8,502
Incoming resources from charitable activities	5	98,969	65,986	164,955	60,097
Bank interest receivable		-	63	63	147
<b>TOTAL INCOMING RESOURCES</b>		<b>98,969</b>	<b>87,549</b>	<b>186,518</b>	<b>84,225</b>
<b>RESOURCES EXPENDED</b>					
Costs of generating funds:					
Costs of generating income	7	-	15,656	15,656	-
Charitable activities	11	90,325	78,160	168,485	95,199
Governance costs	8	-	2,875	2,875	940
<b>TOTAL RESOURCES EXPENDED</b>	10	<b>90,325</b>	<b>96,691</b>	<b>187,016</b>	<b>96,139</b>
<b>MOVEMENT IN TOTAL FUNDS FOR THE YEAR - NET INCOME/(EXPENDITURE) FOR THE YEAR</b>					
		8,644	(9,142)	(498)	(11,914)
Total funds at 1 April 2008		15,558	133	15,691	27,605
<b>TOTAL FUNDS AT 31 MARCH 2009</b>		<b>24,202</b>	<b>(9,009)</b>	<b>15,193</b>	<b>15,691</b>

All activities relate to continuing operations.

The Statement of Financial Activities includes all gains and losses recognised in the year.

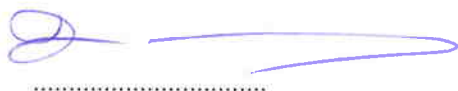
The notes on pages 12 to 18 form part of these financial statements.

## OCD ACTION

### BALANCE SHEET AS AT 31 MARCH 2009

	Note	2009 £	2008 £
<b>FIXED ASSETS</b>			
Tangible fixed assets	14	7,763	5,537
<b>CURRENT ASSETS</b>			
Stocks	15	936	1,464
Debtors	16	-	822
Cash at bank and in hand		60,854	11,146
		<u>61,790</u>	<u>13,432</u>
<b>CREDITORS: amounts falling due within one year</b>	17	<u>(54,360)</u>	<u>(3,278)</u>
<b>NET CURRENT ASSETS</b>		<u>7,430</u>	<u>10,154</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>15,193</u>	<u>15,691</u>
<b>CHARITY FUNDS</b>			
Restricted funds	18	24,202	15,558
Unrestricted funds	18	(9,009)	133
<b>TOTAL FUNDS</b>		<u>15,193</u>	<u>15,691</u>

The financial statements were approved by the Trustees on 16/9/09 and signed on their behalf, by:



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The notes on pages 12 to 18 form part of these financial statements.

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2009**

**1. ACCOUNTING POLICIES**

**1.1 Basis of preparation of financial statements**

The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at market value. The financial statements have been prepared in accordance with the Statement of Recommended Practice (SORP), "Accounting and Reporting by Charities" published in March 2005 and applicable accounting standards.

**1.2 Fund accounting**

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

**1.3 Incoming resources**

All incoming resources are included in the Statement of financial activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Gifts in kind donated for distribution are included at valuation and recognised as income when they are distributed to the projects. Gifts donated for resale are included as income when they are sold. Donated facilities are included at the value to the charity where this can be quantified and a third party is bearing the cost. No amounts are included in the financial statements for services donated by volunteers.

Donated services or facilities, which comprise donated services, are included in income at a valuation which is an estimate of the financial cost borne by the donor where such a cost is quantifiable and measurable. No income is recognised where there is no financial cost borne by a third party.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

**1.4 Resources expended**

All expenditure is accounted for on an accruals basis and has been included under expense categories that aggregate all costs for allocation to activities. Where costs cannot be directly attributed to particular activities they have been allocated on a basis consistent with the use of the resources.

Governance costs are those incurred in connection with administration of the charity and compliance with constitutional and statutory requirements.

## OCD ACTION

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2009

#### 1. ACCOUNTING POLICIES (continued)

##### 1.5 Stocks

Stocks are valued at the lower of cost and net realisable value after making due allowance for obsolete and slow-moving stocks. Cost includes all direct costs and an appropriate proportion of fixed and variable overheads.

##### 1.6 Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Other fixed assets - 25% reducing balance

#### 2. VOLUNTARY INCOME

	Restricted Funds 2009 £	Unrestricted Funds 2009 £	Total Funds 2009 £	Total Funds 2008 £
Subscriptions and small donations	-	19,387	19,387	15,479

#### 3. FUNDRAISING INCOME

	Restricted Funds 2009 £	Unrestricted Funds 2009 £	Total Funds 2009 £	Total Funds 2008 £
Fundraising	-	970	970	5,995

#### 4. TRADING ACTIVITIES

	Restricted Funds 2009 £	Unrestricted Funds 2009 £	Total Funds 2009 £	Total Funds 2008 £
<b>Charity trading income</b>				
Charity trading income - Domestic	-	1,143	1,143	2,507
Net income from trading activities	-	1,143	1,143	2,507

## OCD ACTION

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2009

#### 5. INCOMING RESOURCES FROM CHARITABLE ACTIVITIES

	Restricted Funds 2009 £	Unrestricted Funds 2009 £	Total Funds 2009 £	Total Funds 2008 £
<b>Sub-Header</b>				
Anxiety disorder conference reimbursement	-	3,142	3,142	-
Corporate income	-	26,907	26,907	15,097
Conference income	-	10,811	10,811	-
Internship programme expense reimbursement	-	2,240	2,240	-
Miscellaneous income	-	1,162	1,162	-
Trust income	-	21,725	21,725	20,000
Trust restricted income	98,969	-	98,969	25,000
	<hr/>	<hr/>	<hr/>	<hr/>
Total	98,969	65,987	164,956	60,097
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

#### 6. RESTRICTED FUNDS ANALYSIS

	2009 £
The Kitty and Daniel Nabarro Charitable Trust - to cover the salary of the director and other associated costs.	66,619
The Tudor Trust - to cover the salary of the administrator and other associated costs.	25,000
Comic Relief - towards the cost of the OCD conference 2008.	5,000
The Swan Mountain Trust - towards the development of the OCD Action helpline.	1,300
The Kitty and Daniel Nabarro Charitable Trust - towards fundraising costs.	1,050
	<hr/>
Total	98,969
	<hr/> <hr/>

## OCD ACTION

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2009

#### 7. COSTS OF GENERATING INCOME

	Restricted Funds 2009 £	Unrestricted Funds 2009 £	Total Funds 2009 £	Total Funds 2008 £
Allocation of administrators salary towards fundraising	-	4,063	4,063	-
Allocation of directors salary towards generating general funds	-	10,833	10,833	-
Direct costs - Publicity	-	60	60	-
Direct costs - Fundraising	-	700	700	-
	<hr/>	<hr/>	<hr/>	<hr/>
Total	-	15,656	15,656	-
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

During the financial year end 31 March 2009, directors and administrators salaries were apportioned towards the costs of generating general income and direct costs.

#### 8. GOVERNANCE COSTS

	Restricted Funds 2009 £	Unrestricted Funds 2009 £	Total Funds 2009 £	Total Funds 2008 £
Auditors remuneration	-	2,875	2,875	940
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

## OCD ACTION

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2009

#### 9. DIRECT COSTS

	Fundraising	Governance	Charitable Activity	Total 2009	Total 2008
	£	£	£	£	£
Auditors remuneration	-	2,875	-	2,875	940
Newsletters and books	-	-	-	-	6,700
Fundraising costs	15,656	-	-	15,656	-
Volunteers' expense	-	-	8,975	8,975	5,209
Books and CD's for resale	-	-	615	615	1,439
Repairs and renewals	-	-	-	-	816
IT support	-	-	4,945	4,945	3,854
Conference expenses	-	-	26,868	26,868	2,520
Recruitment expenses	-	-	12,780	12,780	479
Travelling expenses	-	-	-	-	1,280
Office costs	-	-	5,881	5,881	14,831
Telephone	-	-	2,168	2,168	1,938
Printing, postage and stationery	-	-	10,125	10,125	5,489
Depreciation	-	-	1,846	1,846	2,537
Training Expenses	-	-	1,917	1,917	1,893
Insurances	-	-	588	588	-
Sundry expenses	-	-	1,569	1,569	981
Outsourced services	-	-	13,126	13,126	-
Legal and professional	-	-	731	731	-
Rent and rates	-	-	16,752	16,752	-
Bank charges	-	-	15	15	69
Salaries	-	-	52,895	52,895	34,347
National insurance	-	-	6,689	6,689	-
Subtotal	15,656	2,875	168,485	187,016	85,322
Other direct costs	-	-	-	-	10,817
	15,656	2,875	168,485	187,016	96,139

#### 10. ANALYSIS OF RESOURCES EXPENDED BY EXPENDITURE TYPE

	Staff costs 2009	Other costs 2009	Total 2009	Total 2008
	£	£	£	£
Costs of generating voluntary income	-	15,656	15,656	-
<b>Costs of generating funds</b>	-	15,656	15,656	-
Charitable activities	59,584	108,901	168,485	95,199
Governance	-	2,875	2,875	940
	59,584	127,432	187,016	96,139

## OCD ACTION

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2009

#### 11. ANALYSIS OF RESOURCES EXPENDED BY ACTIVITIES

	Activities undertaken directly 2009 £	Support costs 2009 £	Total 2009 £	Total 2008 £
Charitable activity	168,485	-	168,485	95,199

#### 12. TURNOVER

All turnover arose within the United Kingdom.

#### 13. NET INCOME / (EXPENDITURE)

This is stated after charging:

	2009 £	2008 £
Depreciation of tangible fixed assets: - owned by the charity	1,846	2,537

During the year, no Trustees received any remuneration (2008 - £NIL).

During the year, no Trustees received any benefits in kind (2008 - £NIL).

During the year, no Trustees received any reimbursement of expenses (2008 - £NIL).

#### 14. TANGIBLE FIXED ASSETS

	Other fixed assets £
<b>Cost</b>	
At 1 April 2008	14,706
Additions	4,072
At 31 March 2009	18,778
<b>Depreciation</b>	
At 1 April 2008	9,169
Charge for the year	1,846
At 31 March 2009	11,015
<b>Net book value</b>	
At 31 March 2009	7,763
At 31 March 2008	5,537

OCD ACTION

NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2009

15. STOCKS

	2009 £	2008 £
Finished goods and goods for resale	936	1,464

16. DEBTORS

	2009 £	2008 £
Prepayments and accrued income	-	822

17. CREDITORS:  
Amounts falling due within one year

	2009 £	2008 £
Trade creditors	11,484	-
Social security and other taxes	-	1,457
Accruals and deferred income	42,876	1,821
	<u>54,360</u>	<u>3,278</u>

18. SUMMARY OF FUNDS

	Brought Forward £	Incoming resources £	Resources Expended £	Carried Forward £
General funds	133	87,549	(96,691)	(9,009)
Restricted funds	15,558	98,969	(90,325)	24,202
	<u>15,691</u>	<u>186,518</u>	<u>(187,016)</u>	<u>15,193</u>